

Past Life Regression with Ben - Mandela Effect

Ben: I am suspended in the air surrounded by white light. Everything is white. Gradually holes appear in the light, and the white is dissipating. I feel like I'm being pulled in one direction.

Now I'm in a green field. It's a type of grass, but not exactly grass. It's very soft and resembles grass, but light green.

Anat: What do you look like?

B: I look like me but a child, maybe about nine years old.

A: What's going on?

B: I'm walking and seeing all kinds of colorful animals. All sorts of animals I've never seen before. There's one that looks like an elephant, a pink and purple elephant. It's thin. Its head is like a cone, and its trunk is extended from its head. It resembles an elephant that we are familiar with, but now it's something else. It looks like an elephant with strange colors. There are other strange animals that walk on four legs, skinny legs. Most of them are very large, larger than elephants. They don't notice me. I walk and look at them. They don't care and don't notice me. It's very pretty. The animals are beautiful, their colors and their shapes.

A: Are there other people, or just you and the animals?

B: No, just me and the animals.

A: So what happens next?

B: I keep walking on this grass. As I walk, the animals become more similar to what I know. Their shapes are less strange and more like the shapes I'm familiar with. There are still animals with odd shapes, but getting closer to the shapes we all know. As I get closer, there is more a sense of fear because the animals are starting to look at me in suspicion. Suddenly they are paying attention to me and I don't feel safe. I feel like I'm invading their territory. They are still not doing anything to me. There are many types of animals and they are not going to hurt me or each other. But it feels less calm. There is a different energy in the air. I continue walking. As I walk, I feel more and more afraid. I'm becoming more aware of the dangers, knowing that I can get hurt here. The animals are becoming more and more similar to the shapes I'm familiar with. Then I arrive, and now it's like being in the jungle. There is a lot of noise and a lot of howls, cries of animals.

A: Were there no howls before?

B: No, the animals were calm and quiet, each minding their own business. But now it's become such a mess. The animals are also afraid now. I see and feel that they are afraid. They are looking around, looking at me, looking at other animals. It's not clear why, what's going on here.

A: Do you keep walking?

B: I keep walking, and there are no people at all. I see that the animals begin to resemble humans, physically. They are becoming more and more similar to humans, even animals that are not primates. All of the animals somehow, the way they stand, the way they walk, the way they look, really reminiscent of humans. As it happens, there is more fear in the air, more apprehension, and more negative feelings. This keeps happening until in the end there are only human beings here. I'm surrounded by people, and I'm very uncomfortable. I feel afraid. I'm no longer sure that no harm will come to me. I'm afraid to keep walking. I stop. All the people are looking at me and at each other.

A: What's going on?

B: They are starting to hit each other. A little at first, then it becomes worse. They are shoving and hitting each other. I'm trying to hide in the bushes. Even the bushes and the ground became gray and brown, not as the green grass was in the beginning.

A: Are you able to hide?

B: Yes. I'm starting to see white around again. White bubbles and brilliant white light.

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A: May I speak with Ben's Mediator (Higher-self)?

B: Yes.

A: Why did you show Ben the place with green grass and animals gradually changing?

Mediator: To show him that humans are taking over the animals, and it causes suffering of animals and humans.

A: That place, is it real, or is it a metaphor?

M: It's a kind of metaphor.

A: Why was it important to show that to him?

M: Because it bothers him that people hurt animals.

A: I asked Ben to have a session because of the Mandela Effect. Can you explain how it's related?

M: When people hurt, they change.

A: When they hurt animals or people?

M: Yes, and themselves. When they hurt or kill, they kill some type of awareness, then all consciousness changes.

A: Does it affect the physical world as well? Can it change?

M: It affects how they view the world.

A: So these changes that are happening, the Mandela effect, are the result of that?

M: Yes, they are the result of people's actions.

A: But people, in the history we are familiar with, have always hurt others, so were there always such changes?

M: Yes.

A: Is that because awareness is being destroyed?

M: Yes.

A: Is there a purpose to those changes?

M: No, they have no purpose. That's just how it works.

A: So if people stop harming, will these changes stop, or will there be other changes accordingly?

M: There will be changes, because awarenesses are created and disappear anyway. People are born, people die, so there is balance. Sometimes people create imbalance, so there are fragments of changes. There are all sorts of contradictions within reality.

A: Does the past change, or do people's memories change?

M: Both.

A: Do the changes increase as the imbalance grows?

M: Yes, and there are many changes that people are not aware of.

A: So what's happening is natural?

M: Yes.

A: People are trying to find messages in these changes. Are there messages?

M: No, it just happens because that's how it works.